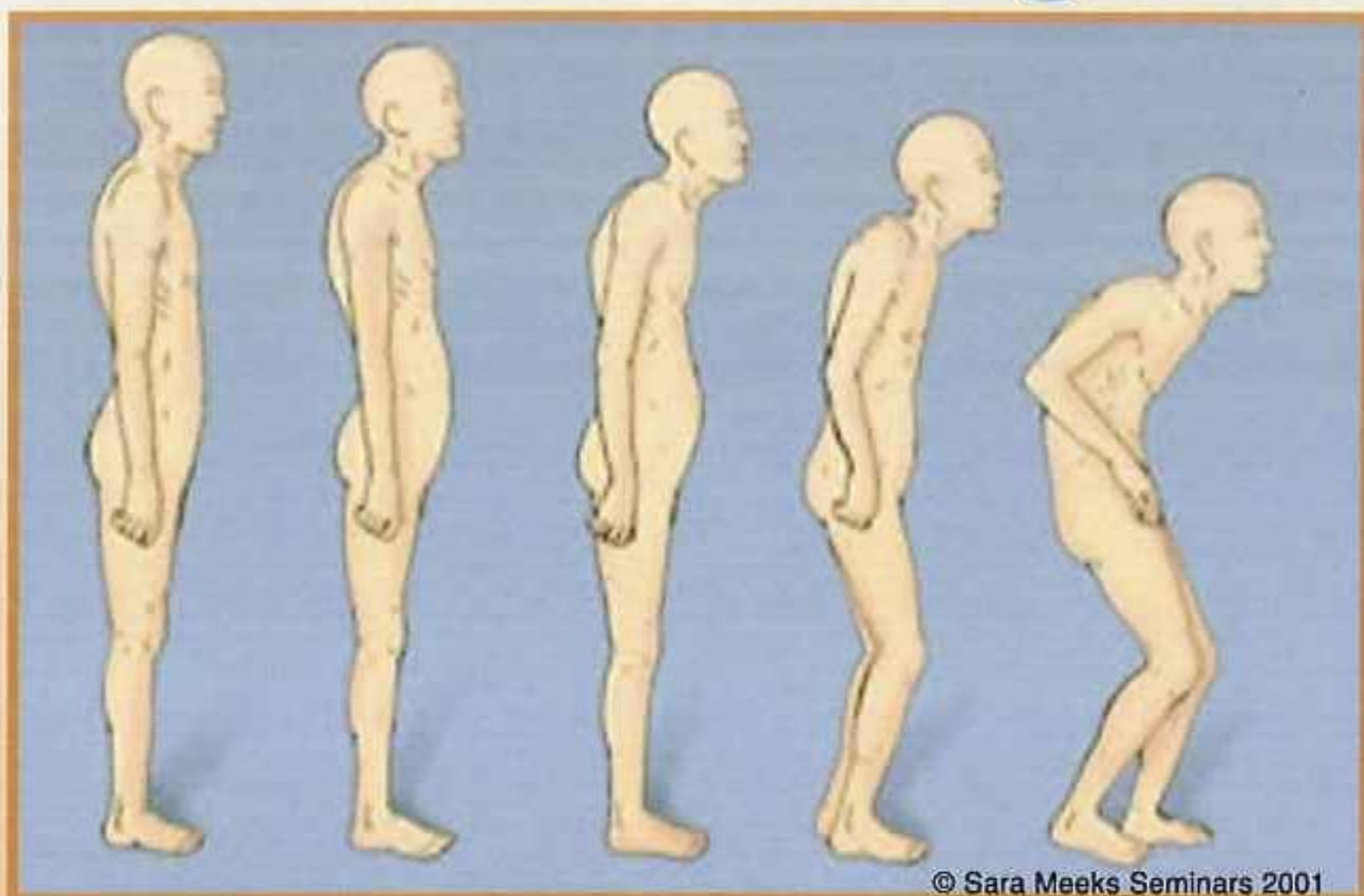


OSTEOPOROSIS Physical Therapy & Education Program



This comprehensive approach to treatment & management of osteoporosis & osteopenia developed by April McNaboe, MPT, physical therapist & certified specialist in safe exercise for osteoporosis includes:

- Initial Assessment of height, balance, posture, range of motion, limitation in activities of daily living.
- Education in prevention of injuries associated with osteopenia / osteoporosis
- Individual exercise program that promotes: correct postural alignment, site-specific resistive and weight-bearing activities.

To schedule an appointment, please call the Physical Therapy Department today:

(605) 343-7353

Mobility in *Action*. Now that's *Living*.



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